



Middle School PE

Reading and Writing Standards

Trimester	Reading Assessment	Writing Assessment
1	Research what countries have professional handball teams.	Reflect and write out the rules of team handball.
2	Olympic sport badminton and the history of it.	What makes badminton cool and why it is great for physical activity
3	Research of different ways archery was used in history.	What are the benefits of learning archery.

Scoring Guide for Written Work

<https://docs.google.com/document/d/1QLgHLdX9LRX1mNsy0cF40v-cbIX8lH-9lh0pI85imJ4/edit>



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Content Topics and Pacing

Topic	Duration	Activities/skill	Reading/Writing Assignments
Games and Sports. Invasion games: Passing and Receiving	12 weeks	<ul style="list-style-type: none">• Hoop guard• Ultimate frisbee• Medic• Air force• Capture the flag• Group juggle	Reading: Different articles on how to play the games Writing: Knowledge of rules of games
Games and Sports. Net/Wall Games	12 weeks	<ul style="list-style-type: none">• Badminton• Tennis volleyball• Pickleball• Matt ball• Handball	Reading: Different articles on how to play the games Writing: Knowledge of rules of game
Games and Sports: Target Games	12 weeks	<ul style="list-style-type: none">• Archery• Hoop guard• Battleship• bowling	Reading: Different articles on how to play the games Writing: Knowledge of rules of game
Physical Activity	12 weeks	<ul style="list-style-type: none">• Mile run• Pacer test• Push up/situp test	Reading: Different articles on how to play the games Writing: Knowledge of rules of game