

KENT CITY ATHLETICS

WINTER 2025-26

With all of our high school winter sports teams starting official practice and different points during the next three weeks, we wanted to share some important information regarding Kent City Athletics. It is our hope that your son/daughter will consider competing for the Eagles this winter!

Preseason Down Time – 2 Weeks Prior to Start of Practice

First Day of Official Practice – Varies By Sport

Winter Sports Parents' Meeting – Monday, December 1 at 6:00 p.m.

Sports Physicals

Prior to participating in practice, ALL student-athletes must have a sports physical completed by a doctor dated on or after April 15, 2025. Those without a physical will not be able to practice/try-out for the team. If a sports physical is needed and you are unable to use your family doctor, most urgent care facilities will complete a sports physical for walk-ins. Costs will vary. Make sure to bring a 2025-26 MHSAA Physical Form with you to the Doctor and turn in all completed forms to your son/daughter's coach or the office. Forms can be printed on line at the www.mhsaa.com or picked up in the high school office.

Athletic Fee

After over 15 years, we are eliminating the athletic fee for Kent City Athletics. In an effort to eliminate barriers that prevent student-athletes from experiencing the many benefits of interscholastic athletics, we will find other ways to cover some of the costs that the athletic fee has helped with over the years.

Cut Sports

In the winter, we have three cut sports, boys basketball, girls basketball, and boys/girls bowling. Student-athletes MUST make it to all practices during the try-out period to be considered for the team. Not having an up-to-date physical is the same as missing practice.

Sport	Coach	Contact	Practice Dates & Times	Cut Sport
J.V./Varsity Boys Basketball	Connor Boyd Zach Gropp	connor.boyd@kentcityschools.org zach.gropp@kentcityschools.org	November 12, November 13, & November 14 3:00 p.m. — 5:30 p.m.	YES
J.V./Varsity Girls Basketball	Sonnie Male Steve Freeland	sonnie.kurnat@yahoo.com freelandmsu02@gmail.com	November 19, November 20, November 21 5 p.m.—7 p.m. (11/19 & 11/20) 3 p.m. — 5:30 p.m. (11/21)	YES
Varsity Boys/Girls Bowling	Eric Wiles	ewiles31@gmail.com	November 10 & November 12 (@ Sparta Lanes) 3:10 p.m.—5:00 p.m.	YES
Varsity Wrestling	Chad Kik	chad.kik@kentcityschools.org	November 17, November 18, November 19 3:00 p.m. — 5:00 p.m. (maybe a little later)	NO