RIDGE RUN RECORDS

5K

	Male			Female		
Overall	Fraser Wilson	16:18	2018	Katie Weiler	18:49	2011
Masters	Kevin Deyo	17:16	2010	Jill Evers-Bowers	20:35	2010
Grand Masters	Dave Minier	19:44	2009	Laurel Dawson	24:18	2019

RIDGE RUN RECORDS

15K

	Male			Female		
Overall	Alex Wilson	48:39	2016	Ali Weirsma	59:28	2018
Masters	Samuel Darling	53:16	2019	Laura Cooper	1:02:06	2012
Grand Masters	Kevin Deyo	1:02:08	2019	Laurel Dawson	1:15:53	2017