



EAGLE CAFE

Feeding Bodies-Fueling Minds High School

Eagle Pride Favorites

April 2024

Hot off the Eagle Grill

4/8 Sidewinder Pulled Pork Nachos/Corn Bread/Cheese Sauce
4/9 Nachos Deluxe/Refried Beans/California Blend
4/10 Cherry Blossom Chicken/Rice/Broccoli
4/11 Cheesy Oven Baked Pasta/Corn/Beans/Garlic Bread
4/12 French Tst Sticks/Sausage/Hash Brown/Cinnamon Apples

4/15 Popcorn Chicken/Mashed Potatoes/California Blend/Roll
4/16 Chicken Fajitas/Refried Beans/Tortilla Chips/Corn
4/17 Grilled Cheese/Tomato Soup/Hash Browns
4/18 Pasta Primavera/Peas/Broccoli/Garlic Bread
4/19 BBQ Chicken/Potatoes/Corn/Roll

4/22 Macaroni and Cheese/Broccoli/Fries/Muffin
4/23 Walking Tacos/Refried Beans/Tortilla Chips/Corn
4/24 Chicken Tenders/Scalloped Potatoes/Carrots/Dinner Roll
4/25 Cheesy Oven Baked Pasta/Green Beans/Garlic Bread
4/26 Early Release Menu

4/29 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
4/30 Chicken Fajitas/Refried Beans/Tortilla Chips/Corn
5/1 Hot Dogs/Chili and Cheese/Baked Beans/Oven Fries
5/2 Pasta Primavera/Peas/Broccoli/Garlic Bread
5/3 Homemade Burritos/Rice/Refried Beans/California Blend



Daily Milk Choices: Low Fat White-Fat Free Chocolate

Condiments Daily: Low Fat Italian and Low-Fat Ranch, BBQ Sauce, Ketchup, Mustard and Light Mayonnaise

Available Daily on the Vegetable Bar: Baby Carrots, Broccoli, Baby Spinach, Celery, Cucumbers, Peppers, Tomatoes, Romaine Lettuce.

Fruit Available Daily: Apples, Oranges, Pears, Raisins, Assorted Canned Selections, Bananas Wednesday and Thursday if available.

Hot Vegetables Available Daily

***All fruits and vegetables will be prepackaged for you.**

Available Daily: Cheeseburger, Spicy Chicken Sandwich, Chicken Sandwich

Check sandwich specials in the Cafeteria.
We are happy to see you!



Eagle Pizzeria

Monday: Mozzarella Sticks w/Marinara Sauce

Tuesday: Pretzel w/Cheese

Wednesday: Chef's Choice Pizza

Thursday: Pizza Crunchers

Friday: Bosco Sticks w/Marinara Sauce

Grab and Go

Salads: Crispy Chicken Salad w/ Goldfish Crackers

Chicken Caesar Salad w/Garlic Croutons/Goldfish

Sandwiches: Turkey & Cheese Sub, Ham & Cheese Sub, Croissant with Turkey & Cheese or Italian Meat Sub.

Wraps: Chicken and Cheddar or Spicy Chicken and Cheddar

Yogurt Parfaits: Strawberry or Vanilla Yogurt
With Fruit and Granola

Snack Pack: PBJ/String Cheese w/ Goldfish Crackers or Yogurt. Cereal. String Cheese & Goldfish Crackers

We use whole grain bread products. Full meal includes Entrée (Bread and Protein), 1cup Fruit (F), ½ cup or more Vegetable (V), and choice of 1% White or Fat Free Chocolate Milk. A meal must include 3 of these choices.

*You must have a ½ **cup** serving of a fruit or vegetable on your plate or you will be charged ala carte prices.

Menu subject to change