

BREAKFAST

Kent City
Elementary School
2023-2024

Kent City Community Schools-GSRP
Feeding Bodies-Fueling Minds

* Monday

Banana or Blueberry Muffin
Grahams Crackers, Fruit, Juice,
White Milk

* Tuesday

Choice of Cereal
Grahams Crackers, Fruit, Juice,
White Milk

* Wednesday

Biscuit and Egg/Cheese Omlete
Grahams Crackers, Fruit, Juice,
White Milk

* Thursday

Pancake/Sausage Wrap
Grahams Crackers, Fruit, Juice,
White Milk

* Friday

Banana or Blueberry Muffin
Grahams Crackers, Fruit, Juice,
White Milk

Choice of Cereal
Grahams Crackers, Fruit, Juice,
White Milk

Eggo Mini Panckes
Grahams Crackers, Fruit, Juice,
White Milk

Sausage Breakfast Pizza
Grahams Crackers, Fruit, Juice,
White Milk

Questions or comments:

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Reduced sugar cereal choices:
Honey Nut Cherrrios, Cinnamon
Toast Crunch, Mini Wheats,
Fruit Loops

Juice is 100% juice
Milk is 1% White

BREAKFAST

Kent City
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Escuelas Comunitarias de Kent City-GSRP
Alimentar cuerpos: alimentar mentes

* Monday

Muffin de plátano o arándanos
Grahams Crackers, fruta, jugo,
leche blanca

Muffin de plátano o arándanos
Grahams Crackers, fruta, jugo,
leche blanca

* Tuesday

Elección de cereales
Grahams Crackers, fruta, jugo,
leche blanca

Elección de cereales
Grahams Crackers, fruta, jugo,
leche blanca

* Wednesday

Galleta y Omlete de huevo/queso
Grahams Crackers, fruta, jugo,
leche blanca

Eggo Mini Panckes
Grahams Crackers, fruta, jugo,
leche blanca

* Thursday

Envoltura de panqueques /
salchichas
Grahams Crackers, fruta, jugo,
leche blanca

Salchicha Desayuno Pizza
Grahams Crackers, fruta, jugo,
leche blanca

* Friday

Preguntas o comentarios:

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Opciones reducidas de
cereales con azúcar:

Cherrios de miel y nueces,
tostadas de canela crujientes,
mini trigos, bucles de frutas

El jugo es 100% jugo
La leche es 1% blanca