OCTOBER 2023

Kent City Elementary Lunch -Feeding Bodies-Fueling Minds To fill out the Education Benefits Form please go to kentcity.familyportal cloud

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Chicken Nuggets Fresh Baby Carrots Ranch Dinner Roll Peaches	<b>3</b> Breaded Chicken Drumstick Mashed Potatoes Orange Mini Bread Applesauce	<b>4</b> Cheesy Pasta Bake Romaine Ribbons W <i>G</i> Garlic Bosco Strawberry Cup	5 Cheeseburger Baked Beans Fritos Fresh Apple Slices	6 Personal Pizza-Round Sweet Red Peppers Green Beans Luigi Frozen Cup	Breakfast and Lunch is Free to all students! Milk: \$.50 with a lunch from home. Breakfast will be ready in your
9 Popcorn Chicken Smile Fries WG Dinner Roll Pineapple	10 Chips and Cheese Deluxe Taco Meat/Cheddar Cheese Refried Beans Romaine Ribbons Applesauce	11 Grilled Cheese Golden Corn Broccoli Dippers Fresh Grapes	12 Hot Dog Fritos Baby Carrots Chocolate Chip Cookie Fresh Apple Slices	13 Fall Break No School	classroom when you arrive. ~Available Daily:
16 Fall Break No School	17 Fall Break No School	<b>18</b> Macaroni and Cheese Broccoli Dippers/Ranch Cornbread Applesauce	19 Mini Corn Dogs Romaine Salad Baked Beans Pineapple	20 Bosco Sticks Marinara Sauce Sweet Red Peppers Luigi Frozen Cup	*Turkey or Ham Sub Sandwich *Yogurt Fun Pack: Trix Yogurt, String Cheese, Goldfish Crackers or Trix Cereal Turkey and Cheese Lunchable will be available on Wednesdays
23 Popcorn Chicken Smile Fries Soft Pretzel Pineapple	24 Walking Tacos Taco Meat/Cheddar Romaine Ribbons Tortilla Chips/Salsa Refried Beans Peach Cup	25 Confetti Mini Pancakes Yogurt Cup Orange Juice Hash Brown Rounds	26 Chicken Sandwich Golden Corn Pretzels Fresh Apple Slices	27 Fiestada Pizza Sliced Cucumbers Peaches Romaine Ribbons	Wowbutter and Jelly Uncrustable with String Cheese Available every Friday Extra fruit and vegetable choices will be available each day.
30 Frankenstein Chicken Fingers Baby Scarrots Pumpkin Pretzel Candy Corn Parfait (Pineapple/Peaches/Yogurt)	31 Early Release Boo Bosco Sticks Monster Marinara Peeking Peach Applesauce Creepy Corn	1	2	3 Your Meal Includes: *Meat/Protein *Bread/Grain *Vegetable *Fruit and *Milk	Questions or Comments: Beth Ohman FSS 616-678-7714 × 2105 <u>Beth.ohman@kentcityschools.org</u> Menu Subject to Change